

PERSONAL INFORMATION

Ioana Bianca Pitirut

Stefan cel Mare si Sfânt Boulevard, Iasi (Romania)

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PROFESSIONAL EXPERIENCE

01/10/2021 – Present

Teaching assistant

Seminars: Psychodiagnosis of Personality, Theoretical Bases of Psychodiagnosis, Educational Psychology, Health Psychology
Bachelor students: Psychology, Pedagogy, Special Psychopedagogy, Letters, Physics (Years I-III), Faculty of Psychology and Educational Sciences, Department of Psychology and Department of Teaching Staff Training,
"Alexandru Ioan Cuza" University of Iasi, Romania

2019 **School counselor teacher**

Center for Educational Resources and Assistance, Vaslui

EDUCATION AND TRAINING

01/10/2021 – Present

Doctoral Studies in Psychology

Nivelul 8 CEC

"Alexandru Ioan Cuza" University, Faculty of Psychology and Educational Sciences, Doctoral School of Psychology and Educational Sciences, Iași (Romania). Dissertation: "Predictors and factors of pro-environmental intentions and behaviors in the context of climate change"

01/03/2022 – 31/05/2022

ERASMUS+ studies mobility

Nivelul 8 CEC

Universita' degli studi di Padova, Scuola di Psicologia, Padova (Italia)

01/10/2019 – 31/07/2021

Psychopedagogical training program (Level II)

Nivelul 7 CEC

"Alexandru Ioan Cuza" University, Faculty of Psychology and Educational Sciences, Department for Teaching Staff Training, Iași (Romania)

01/10/2019 – 31/07/2021

Master of Arts in Clinical Psychology and Psychotherapy

Nivelul 7 CEC

"Alexandru Ioan Cuza" University, Faculty of Psychology and Educational Sciences, Iași (Romania). Thesis: "Climate change and mental health"

01/10/2016 – 31/07/2019

Psychopedagogical training program (Level I)

Nivelul 6 CEC

"Alexandru Ioan Cuza" University, Faculty of Psychology and Educational Sciences, Department for Teaching Staff Training, Iași (Romania)

01/10/2016 – 31/07/2019

Bachelor in Psychology

Nivelul 6 CEC

"Alexandru Ioan Cuza" University, Faculty of Psychology and Educational Sciences, Iași (Romania). Thesis: "Learned helplessness and self-efficacy"

PERSONAL COMPETENCES

Native language Romanian

Foreign languages

	UNDERSTANDING		SPEAKING		WRITING
	Listening	Reading	Conversation participation	Oral writing speech	Writing
Italian	C2	C2	C2	C2	C2
English	B2	B2	B2	B2	B2
Spanish	A2	A2	A2	A2	A2
French	A1	A1	A1	A1	A1

Levels: A1 and A2: Basic user - B1 and B2: Independent user - C1 and C2: Proficient user
[Common European Framework of Reference for Foreign Languages](#)

Digital competences

SELF-ASSESSMENT				
Information processing	Communication	Content creation	Safety	Problem solving
Proficient user	Proficient user	Proficient user	Proficient user	Proficient user

Levels: Basic user - Independent user - Proficient user
[Digital competences –Self-assessment](#)

Informatic competences

Microsoft Office™
 WEB 2.0 Technologies
 IBM SPSS Statistics (Statistical Package for the Social Sciences)
 IBM SPSS AMOS Software

Publications

Scientific Articles (WoS & BDI)

Pitiruş, I. B., Swami, V., Poamă-Neagră, T., & Enea, V. (2023). Appearance-Based Rejection Sensitivity Mediates the Relationship between Instagram Addiction and Dysmorphic Concerns in Young Adult Women. *Scandinavian Journal of Psychology*. <https://doi.org/10.1111/SJOP.12973>

Gazzi, D., **Pitiruş, B.,** & Muntele-Hendreş, D. (2023). Factors Favorable for the Learned Optimism in Preadolescence. *Revista Romaneasca pentru Educatie Multidimensionala*, 15(1), 533-550. <https://doi.org/10.18662/rrem/15.1/709>

Pitiruş, B., Ogunbode, C., & Enea, V. (2022). Attitudes towards global warming: the role of anticipated guilt and the Dark Triad traits. *Journal of Personality and Individual Differences*, 185. <https://doi.org/10.1016/j.paid.2021.111285>

Attending international conferences

Pitiruş, I. B. (2019, October). Neajutorarea învăţată şi autoeficacitatea [Poster presentation]. In *8th International Conference of Applied Psychology and Educational Sciences*, Iaşi, România

Book chapters in collective volumes

Pitiruş, I. B., & Enea, V. (2023, in press). Consumul de alcool şi droguri la adolescenţi. În A., Karner-Huţuleac, & T.-D., Huţul (Eds.), *Adicţiile în societatea contemporană. De la acceptare la schimbare*. Editura Polirom, ISBN: 978-973-46-9599-7