

## PERSONAL INFORMATION

## Anca Dobrean

📍 Republicii 37, 400015 Cluj-Napoca (Romania)

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Sex Female | Date of birth 12/06/1974 | Nationality Romanian

## WORK EXPERIENCE

2016–Present

**Professor**

Babes-Bolyai University, Faculty of Psychology and Educational Sciences, Department of Clinical Psychology and Psychotherapy  
Republicii 37, 400015 Cluj-Napoca (Romania)

**Teaching, research and services (clinical psychology, counselling and cognitive-behavior therapy)**

Business or sector Education

2012–Present

**Director, Department of Clinical Psychology and Psychotherapy, Faculty of Psychology and Educational Sciences, Babes-Bolyai University**

Babes-Bolyai University  
Republicii 37, 400015 Cluj-Napoca (Romania)

Management

2012–Present

**President**

Romanian Association of Cognitive and Behavioural Psychotherapies (APCCR)

Management, accreditation of programs, national representative in the European Associations of Cognitive and Behavioural Psychotherapies

01/05/2019–Present

**APCCR Coordinator**

Romanian Association of Cognitive and Behavioral Psychotherapies (APCCR)

Management and partner director in the project - Profesori pregatiti - profesori motivati!105405 POCU/73/6/6/Îmbunătățirea competențelor personalului didactic din învățământul pre-universitar în vederea promovării unor servicii educaționale de calitate orientate pe nevoile elevilor și a unei școli incluzive

2012–Present

**Board Member**

The International Institute for the Advanced Studies of Psychotherapy and Applied Mental Health

Research, grant administration, publication of reports and research data

2012–Present

**Member, Clinical Psychology Committee**

Romanian Board of Psychologists, Cluj Branch

Professional Certification

2012–2014

**Expert**

AJOFM Cluj, Project POSDRU/160/2.1/S/141384, „Skills for Jobs”

## EDUCATION AND TRAINING

- 2013–Present **Doctor Habil.**  
 Babes-Bolyai University, Cluj-Napoca (Romania)  
**Habilitation thesis on** *Evidence based assessment of child and adolescent cognitive development and emotional and behavioural problems,*
- 2006–2007 **Postdoctoral Researcher**  
 The International Institute for the Advanced Studies of Psychotherapy and Applied Mental Health, Babes-Bolyai University  
 Evidence based assessment and intervention in child and adolescent mental health
- 2005–2008 **Rational Emotive and Cognitive Behavioral Psychotherapy Certification**  
 Asociația de Psihoterapii Cognitive și Comportamentale (APCCR), Cluj-Napoca (Romania)  
 Cognitive Behavioral Psychotherapy
- 1998–2004 **Doctor in Psychology**  
 Babes-Bolyai University  
 Title of the thesis: *Assessment of ADHD in preschoolers*
- 1997–1998 **Master Diploma**  
 Grenoble II University, Grenoble (France)  
 Diplome d'etudes approfondies (Diplôme Universitaire )  
 Program: Social and Cognitive Psychology
- 1993–1997 **Licence in Psychology**  
 Faculty of History and Philosophy, Babes-Bolyai University  
 Psychology Diploma (University level)
- 1988–1993 **Baccalaureate Diploma**  
 Pedagogic High-school "Iosif-Vulcan", Oradea (Romania)

## PERSONAL SKILLS

Mother tongue(s) Romanian

Foreign language(s)	UNDERSTANDING		SPEAKING		WRITING
	Listening	Reading	Spoken interaction	Spoken production	
English	C2	C2	C1	C1	C1
French	C1	C1	B2	B2	B2

Levels: A1 and A2: Basic user - B1 and B2: Independent user - C1 and C2: Proficient user  
[Common European Framework of Reference for Languages - Self-assessment grid](#)

Driving licence B

## ADDITIONAL INFORMATION

## Publications

**Web of Science (31.03.2020)**

Number of Citations Web of Science: 1437

Hirsch index: 15

**International papers indexed in Web of Science****2020**

1. Balan, R., **Dobrea, A.**, Balazsi, R., Parada, H. R., Predescu, E. (2020). The Adolescent Peer Relations Instrument: Bully/Target Measurement invariance across gender, age and clinical status, *Journal of Interpersonal Violence*, (accepted)
2. Păsărelu, C. R., **Dobrea, A.**, Anderson, G. (2020), Attention-Deficit/ Hyperactivity Disorder Mobile Apps: a Systematic Review, *Journal of Medical Informatics*, accepted
3. David, D. O., Costescu, C. A., Matu, S., Szentagotai, A., & **Dobrea, A.** (2020). Effects of a Robot-Enhanced Intervention for Children With ASD on Teaching Turn-Taking Skills. *Journal of Educational Computing Research*, 0735633119830344.
4. Ivanova, M. Y., Achenbach, T. M., Rescorla, L. A., Turner, L. V., Dumas, J. A., Almeida, V., **Dobrea, A.** & Capps, J. W. (2020). The generalizability of Older Adult Self-Report (OASR) syndromes of psychopathology across 20 societies. *International Journal of Geriatric Psychiatry*.
5. Kulcsar, V., **Dobrea, A.**, & Gati, I. (2020). Challenges and difficulties in career decision making: Their causes, and their effects on the process and the decision. *Journal of Vocational Behavior*, 103346.(IF 3.38)
6. Kulcsár, V., **Dobrea, A.**, & Balázs, R. (2020). Does it Matter If I Am a Worrier? The Effect of Worry as a Moderator between Career Decision-Making Difficulties and Negative Dysfunctional Emotions. *Journal of Youth and Adolescence*, 1-16.(IF 3.26)

**2019**

7. **Dobrea, A.**, Păsărelu, C. R., Balazsi, R., & Predescu, E. (2019). Measurement Invariance of the ADHD Rating Scale-IV Home and School Versions Across Age, Gender, Clinical Status, and Informant. *Assessment*, 1073191119858421.(IF 3.19)
8. Robe, A., **Dobrea, A.**, Cristea, I. A., Păsărelu, C. R., & Predescu, E. (2019). Attention-Deficit/Hyperactivity Disorder and task-related heart rate variability: a systematic review and meta-analysis. *Neuroscience & Biobehavioral Reviews*. (IF 8.01)
9. Georgescu, R., Fodor, L. A., **Dobrea, A.**, & Cristea, I. A. (2019). Psychological interventions using virtual reality for pain associated with medical procedures: a systematic review and meta-analysis. *Psychological medicine*, 1-13.
10. Ivanova, M. Y., Achenbach, T. M., Rescorla, L. A., Guo, J., Althoff, R. R., Kan, K. J., **Dobrea, A.**, ... & da Rocha, M. M. (2019). Testing syndromes of psychopathology in parent and youth ratings across societies. *Journal of Clinical Child & Adolescent Psychology*, 48(4), 596-609.
11. Rescorla, L. A., Blumenfeld, M. C., Ivanova, M. Y., Achenbach, T. M., & **International ASEBA Consortium**. (2019). International comparisons of the dysregulation profile based on reports by parents, adolescents, and teachers. *Journal of Clinical Child & Adolescent Psychology*, 48(6), 866-880.
12. Rescorla, L. A., Given, C., Glynn, S., Ivanova, M. Y., Achenbach, T. M. & **International ASEBA Consortium** . (2019). International comparisons of autism spectrum disorder behaviors in preschoolers rated by parents and caregivers/teachers. *Autism*, 1362361319839151.
13. Rescorla, L. A., Genaro, B., Ivanova, M. Y., & **International ASEBA Consortium**. (2019). International Comparisons of Emotionally Reactive Problems in Preschoolers: CBCL/1½-5 Findings from 21 Societies. *Journal of Clinical Child & Adolescent Psychology*, 1-14.
14. . Rescorla, L. A., Althoff, R. R., Ivanova, M. Y., & Achenbach, T. M. & **International ASEBA Consortium** (2019). Effects of society and culture on parents' ratings of children's mental health problems in 45 societies. *European Child & Adolescent Psychiatry*, 1-9. Rescorla, L. A.,
15. Adams, A., Ivanova, M. Y., & **International ASEBA Consortium**. (2019). The CBCL/1½-5's DSM-ASD Scale: Confirmatory Factor Analyses Across 24 Societies. *Journal of autism and developmental disorders*.

**2018**

16. Balan, R., **Dobrea, A.**, & Balazsi, R. (2018). Indirect effects of parental and peer attachment on

bullying and victimization among adolescents: The role of negative automatic thoughts. *Aggressive behavior*, 44:561–570.

17. Păsărelu, C. R., & **Dobrean, A.** (2018). A video-based transdiagnostic REBT universal prevention program for internalizing problems in adolescents: study protocol of a cluster randomized controlled trial. *BMC psychiatry*, 18(1), 101.

18. David, D. O., Costescu, C. A., Matu, S., Szentagotai, A., & **Dobrean, A.** (2018). Developing Joint Attention for Children with Autism in Robot-Enhanced Therapy. *International Journal of Social Robotics*, 1-11.

19. Păsărelu, C. R., & **Dobrean, A.** (2018). An investigation of mediators for the relationship between parent mental health and adolescent problematic internet use: a cross-sectional study in Romanian adolescents. *Journal of Evidence-Based Psychotherapies*, 18(2), 97.

20. Georgescu, R., **Dobrean, A.**, & Predescu, E. (2018). Benefits of cognitive restructuring, acceptance and distraction for pain intensity and pain tolerance. *Journal of Evidence-Based Psychotherapies*, 18(2).

### **2017**

21. Balan, R., **Dobrean, A.**, Roman, G. D., & Balazsi, R. (2017). Indirect Effects of Parenting Practices on Internalizing Problems among Adolescents: The Role of Expressive Suppression. *Journal of Child and Family Studies*, 26(1), 40-47.

22. Păsărelu, C. R., **Dobrean, A.**, Balazsi, R., Predescu, E., Şipos, R., & Lupu, V. (2017). The Penn State Worry Questionnaire for Children: Age, Gender and Clinical Invariance. *Child Psychiatry & Human Development*, 48(3), 359-369.

23. Pasarelu, C. R., **Dobrean, A.**, Balazsi, R., Podina, I. R., & Mogoase, C. (2017). INTERPRETATION BIASES IN THE INTERGENERATIONAL TRANSMISSION OF WORRY: A PATH ANALYSIS. *Journal of Evidence-Based Psychotherapies*, 17(1), 31.

24. Sucala, M., Cuijpers, P., Muench, F., Cardoso, R., Soflau, R., **Dobrean, A.**, ... & David, D. (2017). Anxiety: There is an app for that. A systematic review of anxiety apps. *Depression and anxiety*.

### **2016**

25. Pasarelu, C., **Dobrean, A.**, Balazsi, R., Lupu, V., Predescu, E., Sipos, R., (2016). The Penn State Worry Questionnaire for Children: Age, Gender Clinical Invariance. *Child Psychiatry and Human Development*.

26. Podina, I. R., Mogoase, C., David, D., Szentagotai, A., & **Dobrean, A.** (2016). A Meta-Analysis on the Efficacy of Technology Mediated CBT for Anxious Children and Adolescents. *Journal of Rational-Emotive & Cognitive-Behavior Therapy*, 34(1), 31-50.

27. Iliescu, D., Ilie, A., Ispas, D., **Dobrean, A.**, & Clinciu, A. I. (2016). Sex differences in intelligence: A multi-measure approach using nationally representative samples from Romania. *Intelligence*, 58, 54-61.

### **2015**

28. Burt, S. A., Rescorla, L. A., Achenbach, T. M., Ivanova, M. Y., Almqvist, F., Begovac, I., **Dobrean, A.**... & Döpfner, M. (2015). The association between aggressive and non-aggressive antisocial problems as measured with the Achenbach System of Empirically Based Assessment: A study of 27,861 parent–adolescent dyads from 25 societies. *Personality and Individual Differences*, 85, 86-92.

29. **Dobrean, A.**, & Matu, S. (2015). Internationally Active, Visible, High Impact, and Eminent Romanian Psychologists. a Quantitative Analysis. *Journal of Evidence-Based Psychotherapies*, 15(1), 135.

30. Ivanova, M. Y., Achenbach, T. M., Rescorla, L. A., Turner, L. V., Ahmeti-Pronaj, A., Au, A., **Dobrean, A.** ... & Csemy, L. (2015). Syndromes of self-reported psychopathology for ages 18–59 in 29 societies. *Journal of psychopathology and behavioral assessment*, 37(2), 171-183.

31. Szentagotai-Tătar, A., Chiş, A., Vulturar, R., **Dobrean, A.**, Căndea, D. M., & Miu, A. C. (2015). Shame and Guilt-Proneness in Adolescents: Gene-Environment Interactions. *PLoS one*, 10(7), e0134716.

### **2014**

32. Butean, I., Costescu, C., & **Dobrean, A.** (2014). Differences between empathic responses in children with autism spectrum disorder and typically developing children. *Journal of Evidence-Based Psychotherapies*, 14(2).

33. David, O. A., David, D., & **Dobrean, A.** (2014). Efficacy of the Rational Positive Parenting Program for Child Externalizing Behavior: Can an Emotion-Regulation Enhanced Cognitive-Behavioral Parent Program Be More Effective Than a Standard One?. *Journal of Evidence-Based*

*Psychotherapies*, 14(2), 159.

34. Miron, M. D., & **Dobrean, A.** (2014). "What is this, which i see?" a preliminary investigation of visual-spatial processing in romanian children with low IQ, learning and reading disorders. *Journal of Evidence-Based Psychotherapies*, 14(1).

35. Rescorla, L. A., Bochicchio, L., Achenbach, T. M., Ivanova, M. Y., Almqvist, F., Begovac, I., **Dobrean, A.**,... & Verhulst, F. C. (2014). Parent-Teacher Agreement on Children's Problems in 21 Societies. *Journal of Clinical Child & Adolescent Psychology*, 43(4), 627-642.

36. Shahini, M., Rescorla, L. A., Ahmeti, A. P., Begovac, I., **Dobrean, A.**, Marković, J., ... & Zukauskienė, R. (2014). Parent-reported behavioural and emotional problems in Albanian Kosovar children. *Epidemiology and Psychiatric Science*, 4, 1-8.

### **2013**

37. Mogoșe, C., Podină, I. R., Sucală, M., & **Dobrean, A.** (2013). Evaluating the unique contribution of irrational beliefs and negative bias interpretations in predicting child anxiety: implications for cognitive bias modification interventions. *Journal of Cognitive and Behavioral Psychotherapies*, (13).

38. Predescu, E., Șipos, R., **Dobrean, A.**, & Micluția, I. (2013). The discriminative power of the cbcl 1.5-5 between autism spectrum disorders and other psychiatric disorders. *Journal of Cognitive & Behavioral Psychotherapies*, 13(1).

39. Podină, I. R., Mogoșe, C., & **Dobrean, A.** (2013). Intergenerational transmission of anxiety: evidence for the mediating role of the negative interpretation bias. *Journal of Cognitive and Behavioral Psychotherapies*, (13), 309-320.

40. Rescorla, L. A., Ginzburg, S., Achenbach, T. M., Ivanova, M. Y., Almqvist, F., Begovac, I., **Dobrean, A.** ... & Verhulst, F. C. (2013). Cross-informant agreement between parent-reported and adolescent self-reported problems in 25 societies. *Journal of Clinical Child & Adolescent Psychology*, 42(2), 262-273.

### **2012**

41. Tulbure, B., Szentagotai, A., **Dobrean, A.**, David, D. (2012). Evidence based clinical assessment of child and adolescent social phobia: A critical review of rating scales. *Child Psychiatry and Human Development*.

42. Rescorla, LA, Achenbach, TM, Ivanova, MY, ; Bilenberg, N, ; Bjarnadottir, G, ; Denner, S ; Dias, P ; **Dobrean, A.** ; Dopfner, M et al. (2012). Behavioral/emotional problems of preschoolers: Caregiver/teacher reports from 15 societies. *Journal of Emotional and Behavioral Disorders*, 20, 1-14.

### **2011**

43. Rescorla, L.A., Achenbach, T.M., Ivanova M.Y., Harder, V.S, Otten L, Bilenberg, N., Bjarnadottir, G., Capron, C., De Pauw S.S., Dias, P., **Dobrean A.** et. al. (2011). International Comparisons of Behavioral and Emotional Problems in Preschool Children: Parents' Reports From 24 Societies. *Journal of Clinical Child And Adolescent Psychology*. Volume: 40, 3, 456-467.

### **2010**

44. Sucală, M., Stefan, S., Macavei, B., **Dobrean, A.**, Bolno, J., Mironiuc, I. A., ... & David, D. (2010). Residual limb pain and distress in amputated patients. A brief report. *Journal of Cognitive & Behavioral Psychotherapies*, 10(2).

45. Ivanova, M., Achenbach, T.M., Rescorla, ... **Dobrean, A.**, Döpfner, M., et al (2010). Preschool Psychopathology Reported By Parents in 23 Societies, *Journal of the American Academy of Child and Adolescent Psychiatry*, 49, 12, 1215-1224.

### **2009**

46. Anton, R., Opris, D., **Dobrean, A.**, David., D., Rizzo, A. (2009). Virtual reality in the rehabilitation of Attention Deficit - Hyperactivity Disorder. *Journal of Cognitive and Behavioral Psychotherapies*, vol IX, no 2, 235-246.

### **2007**

47. Ivanova, M., **Dobrean, A.**, Dopfner, M., Erol, et al., (2007). Testing the 8-syndrome structure of the child behavior checklist in 30 societies, *Journal of Clinical Child and Adolescent Psychology*, 36 (3), 405 – 417.

48. Rescorla, L., Achenbach, T. M., Ivanova, M., Dumenci, L., A., ...**Domuta, A.**, Döpfner, M., Erol, N., et al., (2007). Epidemiological Comparisons of Problems and Positive Qualities Reported by Adolescents in 24 Cultures, *Journal of Consulting and Clinical Psychology*, 75, 2, 351 – 358.

49. Rescorla, L., Achenbach, Th., Ivanova, M., Dumenci, L., **Dobrean, A.**, Döpfner, M., Erol, N., et al., (2007). Behavioral and Emotional Problems Reported by Parents of Children Ages 6 to 16 in 31 Societies. *Journal of Emotional and Behavioral Disorders*, 13, 2007, 130 – 142.

50. Ivanova MY, Achenbach TM, Rescorla LA, Dumenci L, Almqvist F, Bilenberg N, Bird H, Broberg AG, **Dobrean A**, Döpfner M, Erol N, Forns M, Hannesdottir H, Kanbayashi Y, Lambert MC, Leung P, Minaei A, Mulatu MS, et al., (2007). The generalizability of the Youth Self-Report syndrome structure in 23 societies. *Journal of Consulting and Clinical Psychology*, 75 (5), 729 – 738
51. Rescorla, L., Achenbach, T. M., Ginzburg, S., Ivanova M., Dumenci, L., A., Almqvist, F., Bathiche, M., Bilenberg, N., Bird, H., **Domuta, A.**, Erol, N., et al., (2007). Consistency of Teachers-Reported Problem for Students in 21 Cultures , *School Psychology Review*, 36, 1 , 2007, 91 – 110.
52. Masha Y. Ivanova, Thomas M. Achenbach, Leslie A. Rescorla, Levent Dumenci, Fredrik Almqvist, Bathiche, M., Bilenberg, N., Bird, H., **Domuta, A.**, Erol, N., Fombonne, N., Fonseca, A., Frigerio, A., et al (2007). Testing the Teacher's Report Form Syndromes in 20 Countries. *School Psychology Review*, 36, 3, 468-483

## 2002

53. David, D., Moore, M., & **Domuta, A.** (2002). Romanian psychology on the international psychological scene: A preliminary critical and empirical approach. *European Psychologist*, 7, 153-160.

## International publications indexed in BDI

54. David, C., **Dobrean, A.**, & van Luit, J. H. (2015). Psychometric properties of Early Numeracy Test in Romanian language Preliminary data. *Erdelyi Pszichologiai Szemle= Transylvanian Journal of Psychology*, 16(1), 57.
55. David, D., **Dobrean, A.**, Pasarelu, C., Matu, S. A., & Comsa, M. (2015). The national psychological/intelligence profile of Romanians: An in depth analysis of the regional national intelligence profile of Romanians. *Erdelyi Pszichologiai Szemle= Transylvanian Journal of Psychology*, 16(2), 123.
56. Pasarelu, C. R., **Dobrean, A.**, Predescu, E., Sipos, R., & Lupu, V. (2015). Intergenerational transmission of worry a transdiagnostic factor in child internalizing symptomatology. *Romanian Journal of Child & Adolescent Psychiatry*, 3(1).
57. Pasarelu, C. R., & **Dobrean, A.** (2015). Child's negative automatic thoughts as a mediator in the relationship between mother's and child's social anxiety symptoms. *Erdelyi Pszichologiai Szemle= Transylvanian Journal of Psychology*, 16(2), 163.
58. Pantis, E., Robe, A., Pasarelu, C., **Dobrean, A.**, & Miclutia, I. (2015). Accuracy of the multidimensional anxiety scale for children as a screening tool for anxiety disorders. *Romanian Journal of Psychopharmacology*, 15, 185-195.
59. David, D., **Dobrean, A.**, Mogoșe, C., & Dobrescu, I. (2013). Screening for Autism in Romanian Population: An Initial Study Investigating the Clinical Utility of the Screening Questionnaire for Autism Spectrum Disorders (Chestionarul de Screening pentru Tulburări de Spectru Autist-CS-TSA). *Transylvanian Journal of Psychology*, 14(2).
60. David, D., & **Dobrean, A.** (2013). Commentary on 'Psychological therapies for the treatment of post-traumatic stress disorder in children and adolescents'. *Evidence-Based Child Health: A Cochrane Review Journal*, 8(3), 1117-1119.
61. Predescu, E., **Dobrean, A.**, Cristina, P. O. P., Miclutia, I., & Sipos, R. (2013). Cognitive Coping Strategies and Emotional Distress in Mothers of Children with Autism Spectrum Disorder. *Applied Medical Informatics*, 32(2), 14-21.
62. Beldean-Galea, I. E., Țigan, Ș. I., Cristian, S. T. A. N., & **Dobrean, A.** (2012). Efficacy Study of a Primary Intervention School Violence Program. *Applied Medical Informatics*, 31(3), 47-54
63. Coogan, A. N., **Dobrean, A.**, Donev, R. M., Mateescu, L., Müller, U., Thome, J., & Voinescu, B. I. (2012). Adult attention deficit hyperactivity disorder: translating research into practice. *ADHD Attention Deficit and Hyperactivity Disorders*, 4(1), 41-51.
64. Gavita, O. A., **Dobrean, A.**, & David, D. (2010). Placement Stability & Quality of Life in Foster Parents of Children Presenting Aggressive Behavior: Efficacy of a Cognitive-Behavioral Parent Program. *Revista de Asistență Socială*, 2, 159-169
65. Mironiuc, A., Mironiuc, C., **Dobrean, A.**, Stancu, B. (2008). Bioethical approach in vascular surgery. *Studia Universitatis Babeș-Bolyai, Psychologia-Paedagogia*, 2, 75-87
66. **Domuța, A.** (2004). Analiza deficitului de atenție și hiperactivitate la vârsta preșcolară pe baza metodei observației. *Cognitie, Creier, Comportament*
67. **Domuța, A.**, Crețiu, M. (2002). Memoria implicită perceptuală și conceptuală la copiii cu ADHD. In *Cognitie, Creier, Comportament*, vol. VI, nr. 1, martie

68. Benga, O., **Domuța, A.** (2000). Assessment of executive functions in childhood psychopathology, *Studia Universitatis*, 1.
69. **Domuța, A.** (1998). Gudjonsson Suggestibility Scale (Form 2); A Romanian study of reliability. *Studia Universitatis Babes-Bolyai, Psychologia-Paedagogia*, 1-2, 83-87
70. **Domuța, A.** (1997). Un instrument de evaluare a sugestibilității interogative: Scala de sugestibilitate interogativă Gudjonsson 2 (An instrument for the assessment of the interogative suggestibility Gudjonsson 2). *Cogniție, Creier, Comportament*, 3, 319-335

### **Books**

71. David, D., **Dobrea, A.**, Gotiu, M. (2015). *Retman si Retmagia. Desene animate terapeutice.*
72. **Domuța, A.** (2005). *Evaluarea sindromului ADHD la vârsta preșcolară.* Casa Cărții de Știință, Cluj-Napoca
73. **Domuța, A. J.** Lebeer, A. Hansen, M. Roth, I. Szamoskozi, M. Cretiu (2004). *Educația cognitivă.* Editura Presa Universitara Clujeana
74. **Domuța, A.**, János, R., & Crețiu, M. (2004). *Solving Social Problems Related to Children.* Presa Universitară Clujeană
75. **Domuța, A. M.** Roth, R. Janos, M. Cretiu. (2004). *Rezolvarea problemelor sociale ale copiilor* Editura Presa Universitara Clujeana.

### **Chapters in Books - International**

76. David, D. O., DiGiuseppe, R., **Dobrea, A.**, Păsărelu, C. R., & Balazsi, R. (2019). The measurement of irrationality and rationality. In *Advances in REBT* (pp. 79-100). Springer, Cham.
77. **Dobrea, A.**, Păsărelu, C. R., Döpfner, M., David, D., Jay Lynn, S., & H Montgomery, G. (2018). Varieties of Psychotherapy for Attention-Deficit Hyperactivity Disorder. *Evidence-Based Psychotherapy: The State of the Science and Practice*, 435-22.
78. Cristea, I. A., Stefan, S., David, O., Mogoase, C., & **Dobrea, A.** (2016). General Overview. In *REBT in the Treatment of Anxiety Disorders in Children and Adults* (pp. 1-11). Springer International Publishing.
79. Cristea, I. A., Stefan, S., David, O., Mogoase, C., & **Dobrea, A.** (2016). Rational-Emotive and Cognitive-Behavior Therapy for Generalized Anxiety Disorder. In *REBT in the Treatment of Anxiety Disorders in Children and Adults* (pp. 15-30). Springer International Publishing.
80. Cristea, I. A., Stefan, S., David, O., Mogoase, C., & **Dobrea, A.** (2016). Rational-Emotive and Cognitive-Behavior Therapy Using Virtual Reality (RE&CBT-VR): A Short Protocol for Social Anxiety Disorder. In *REBT in the Treatment of Anxiety Disorders in Children and Adults* (pp. 31-48). Springer International Publishing.
81. Cristea, I. A., Stefan, S., David, O., Mogoase, C., & **Dobrea, A.** (2016). Rational-Emotive and Cognitive-Behavior Therapy (RE&BT) Treatment Protocol for Anxiety in Children and Adolescents. In *REBT in the Treatment of Anxiety Disorders in Children and Adults* (pp. 51-67). Springer International Publishing.
82. Cristea, I. A., Stefan, S., David, O., Mogoase, C., & **Dobrea, A.** (2016). Rational Stories for Children. A Rational Emotive Education Protocol for Approaching Anxiety in Children and Adolescents Based on the Stories Book *The Retmagic and Wonderful Adventures of Retman*. In *REBT in the Treatment of Anxiety Disorders in Children and Adults* (pp. 69-79). Springer International Publishing.
83. **Dobrea, A.**, Păsărelu, C. (2016). Impact of social media on social anxiety: a systematic review. In *Anxiety Disorders*, Intech Open.
84. Păsărelu, C., & **Dobrea, A.** (2016). Parental involvement in remotely-delivered CBT interventions for anxiety problems in children and adolescents: a systematic review In *Anxiety Disorders*, Intech Open.
85. Cristea, I. A., Stefan, S., David, O., Mogoase, C., & **Dobrea, A.** (2015). *REBT in the Treatment of Anxiety Disorders in Children and Adults*. Springer International Publishing

### **Chapters in books - National**

86. **Dobrea, A.**, Păsărelu, C. Bernard.,M. (2019). Educația *Da, Poti, Reușești!*, în Enea., (Ed.). *Intervenții psihologice în școală. Manualul consilierului școlar.* Editura Polirom. Iași.
87. **Dobrea, A.**, Păsărelu, C. (2019). Evaluarea elevilor : tipuri de instrumente si necesitatea cunoașterii DSM, în în Enea., (Ed.). *Intervenții psihologice în școală. Manualul consilierului școlar.*

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