

## Curriculum Vitae

### 1. Date personale

*Numele:* **Dafinoiu**  
*Prenumele:* **Ion**  
*Data nașterii:* 19.10.52  
*Locul nașterii:* Gurguieti, jud.Braila  
*Adresa personală:* Soseaua Barnova, nr.84, tel: 0723695916; 0232214451.  
e-mail: dafinoiu@uaic.ro  
*Adresa profesională:* Universitatea "Al.I.Cuza", B-dul Carol I, nr 11, Iasi

### 2. Educatie, grade, diplome

- diploma de licenta in psihologie sociologie, 1976, Universitatea „Al.I.Cuza”, Iasi
- diploma de doctor in psihologie ( cu lucrarea „ Rolul expectantelor in evolutia comportamentului sugerat”), 1996
- conducere de doctorat, 2005
- expert cncsis, 2004

### 3.Experienta profesionala

- 2003 - prezent, profesor
- 1995 - 2003, conferentiar
- 1990 – 1995, lector
- 1976 - 1990 , psiholog- Spitalul clinic”Dr.C.Davila” Bucuresti

### 4. Domenii de competență științifică

- Psihodiagnostic
- Psihoterapie si consiliere
- Metode de cercetare in stiintele sociale

### 5. Experiență de predare (cursuri/seminarii)

- Psihodiagnostic clinic
- Introducere in psihoterapie
- Hipnoza clinica si psihoterapie ericksoniana
- Research methods in the social sciences ( European Master)

### 6. Limbi străine

- engleza – scris/citit, bine
- franceza – scris/citit, bine

### 7.Lista de publicatii(selectie ultimii 5 ani)

#### Carti – autor si prim autor

- *Introducere in psihoterapie*, Iasi, Ed. Universitatii Al.I.Cuza,2008,70pg
- *Psihodiagnostic*, Iasi, Ed. Universitatii Al.I.Cuza, 2007, 70 p
- *Psihoterapii scurte. Strategii metode tehnici’* Iasi, Polirom 2005, 345 p.
- *Hipnoza clinica. Tehnici de inductie.Strategii terapeutice*, Iasi, Polirom, 2003

- *Research Methods in the Social Sciences*. Frankfurt am Main, Berlin, Bern, Bruxelles, New York, Oxford, Wien: Peter Lang, 2003
- *Introducere in psihoterapie*, vol I si vol II, Ed. Universitatii "Al.I.Cuza", Iasi, 2003
- *Psihoterapii scurte*, Ed. Universitatii "Al.I.Cuza", Iasi, 2003
- *Hipnoza clinica* , Iasi, Ed. Erota, 2002, 218p
- *Personalitatea. Metode de abordare clinica*. Iasi: Polirom, 2002, 245 p.
- *Elemente de psihoterapie integrativa*. Iasi: Polirom, 2000, 230 p.

#### **Studii si articole (autor si coautor, ultimii 5 ani)**

- Opris,D.,V.Enea,A.Pop,I.Dafinoiu.(2011) **Hypnotic Suggestions Effect on Sense of Presence in Virtual Reality. A Brief Report**, Transylvanian Journal of Psychology, 13(1), p. 13-22
- Enea, V., I.Dafinoiu (in press) **Flexibility in Processing Visual Information: Effects of Mood and Hypnosis**, *International Journal of Clinical and Experimental Hypnosis*
- Vulpe, A., I.Dafinoiu (2011) **Positive emotions' influence on attitude toward change, creative thinking and their relationship with irrational thinking in romanian adolescents**, *Procedia - Social and Behavioral Sciences*, 2011, 30, 1935-1941
- Enea, V., I.Dafinoiu (2011) **Principii si standarde etice in practicarea hipnozei**, *Revista Romana de Bioetica*, 2011, 9(3), p. 53-60
- Barliba, R., I.Dafinoiu (2011)**Rolul depresiei si mecanismelor de coping in generarea gandirii contrafactice (I)**, *Buletin de Psihiatrie Integrativa*, 2(49), p. 28-32
- Barliba, R., I.Dafinoiu (2011) **Rolul depresiei si mecanismelor de coping in generarea gandirii contrafactice (II)**, *Buletin de Psihiatrie Integrativa*, 3(50), p. 58-64
- Enea, V., I.Dafinoiu (2011) **The emigration phenomenon involving Romanians in search of employment and the mental diseases: case study**, *Psychiatrische Praxis* , Issue S 01 Volume 38 May 2011: 10.1055/s-0031-1277929 (ISI- Rezumat) (pISSN = 0303-4259 | eISSN = 1439-0876).
- Enea, V., I.Dafinoiu (2011) **The "Hidden Observer" and the Effort Intensity in Engaging in a Suggested Behaviour**, *Recent Researches in Educational Technologies- Proceedings of the 7th WSEAS/IASME International Conference on EDUCATIONAL TECHNOLOGIES*

(*EDUTE '11*), 30-35 (ISI Proceedings) (ISBN 978-1-61804-010-7).WSEAS Press

- Dafinoiu, I., T.St.Rotaru (2011) **The use of suggestive influences in promoting environmental behaviours** – in: *Recent Researches in Educational Technologies- Proceedings of the 7th WSEAS/IASME International Conference on EDUCATIONAL TECHNOLOGIES (EDUTE '11)*, 36-41 (ISI Proceedings) (ISBN 978-1-61804-010-7).WSEAS Press
- Enea, V., I.Dafinoiu (2009) **Motivational/solution-focused intervention for reducing school truancy among adolescents**, *Journal of Cognitive and Behavioral Psychotherapies*, 9(2), 185-198 (ISSN 1584-7101), premiat CNCSIS.
- Enea, V., I.Dafinoiu. **Posthypnotic amnesia and autobiographical memory in adolescents**, *Journal of Cognitive and Behavioral Psychotherapies*, 8(2), 201-215 (ISSN 1584-7101), premiat CNCSIS.
- Enea, V., I.Dafinoiu. **Hypnosis as a research method in psychology**, *Annals of the Al. I. Cuza University. Psychology Series (PSYA)* , 19(2) (ISSN 1453-0767)
- Enea, V., I.Dafinoiu. **Comorbiditate în adicție: gambling și etnobotanice**, *Jurnal de psihoterapie* , Martie 2011, 4(1), 40-47 (ISSN 1844-8070)
- Rotaru, T.St., I.Dafinoiu.**Un posibil model al influențelor sugestive** - *Jurnal de psihoterapie*, 2011, 4(2), p. 107-115 (ISSN 1844-8070)
- Dafinoiu, I. Utilizarea hipnozei în medicina, *Jurnal de psihoterapie*, 2011, 4(1), p. 13-20(ISSN 1844-8070)
- **Mecanisme de coping ale pacienților cu dizabilități psihice implicate în nevoia de tratament stomatologic**. *Revista medico-chirurgicală a Societății de medici și naturalisti din Iași*, 2010, 114(1), 223-231
- Crumpei, I., I.Dafinoiu. **Stresul traumatic secundar, efectul advers al empatiei clinice** – *Revista medico-chirurgicală*, 2010, 114 (4), p. 1092 – 1100
- Dafinoiu,I.**Psychotherapy in Eating Disorders**,*Annals of the Al. I. Cuza University. Psychology Series (PSYA)*, 2010, 19 (1), 21-34
- Dafinoiu,I., T.St.Rotaru. **Suggestibility as a personality trait: connections to information processing**. *Annals of the Al. I. Cuza University. Psychology Series (PSYA)*, 2010, 19 (2), 23-36
- Dafinoiu, I.**Corpul tau stie**, in: V. Dem. Zamfirescu, *Povestiri de psihoterapie romaneasca*,Bucuresti, Ed. Trei, 2009

- Enea, V., I.Dafinoiu. **Abordarea integrativa In consilierea elevilor expusi violentei domestice : studiu de caz**, în : Turliuc, N., Tobolcea, I. *Violenta in familie : între stigmatizare, acceptare sociala și intervenție terapeutică*, Iasi, Ed. Universității Al.I.Cuza, 2008,36 -41.

## 8. Proiecte cercetare, dezvoltare, interventie

- Contract CNCSIS tip A , cod: 1480, Identificarea nevoilor de consiliere si asistenta psihologica a cadrelor didactice 2005 – 2008 (director proiect ) ;
- Proiect CNCSIS: *Baza de Cercetare cu Utilizatori Multipli in Psihologie Experimentala si Aplicata, 2001-2002* (seful laboratorului de psihoterapie)
- Contract CNCSIS, Tip A, Cod 1480 : *Variabilele socioculturale ale atitudinii fata de violenta conjugala asupra femeii. Un program experimental preventiv*, 2006 – 2008, membru al echipei
- Promoting quality of Social Services of General Interest” Progress, VP/2008/004/255, directorul partii romane
- Proiect de ceretare Progress- Servizio Socio Sanitari – Un sistema di qualita volontario, VP/2009/005/0089 (contractor ANPAS, regional Committee of Tuscany, Italy), directorul partii romane
- High Quality Early Childhood Education and Care” LLP- LDV/TOI/08IT/536, Leonardo da Vinci,(proiect aplicat și condus de Istituti degli Innocenti, Florența, Italia; partener cheie – Facultatea de Psihologie a Universității din Florența) (2009-2010) , expert
- POSDRU strategic, ID 60655, Cerințe Educaționale Speciale pentru Toți –CESPeT, expert pe termen lung
- POSDRU/97/6.3/S/50679Reconstrucția statutului femeii: de la discriminare la dezvoltare profesională și egalitate de șanse . Expert pe termen lung
- POSDRU/21/1.5/G/14722,„Inovare și dezvoltare în programele doctorale și graduale universitare pentru adaptarea cercetării științifice la nevoile societății cunoașterii „(2009-2011);
- POSDRU/88/1.5/S/47646 „Studii doctorale: portal spre o carieră de excelență în cercetare și societatea cunoașterii” (2010 - 2012)

## 9.Congrese, conferinte, simpozioane internationale

- Dafinoiu, I. Hypnotherapy of Anxious Depressive Disorders. (keynote speaker) **The 7th International Congress for Medical Students and Young Doctors, Iasi, 29 of April -2<sup>nd</sup> May 2010**
- Dafinoiu, I.Aspects du developpement de la resilience en psychotherapie.( keynote speaker) **International Symposium, La resilience psychologique. Evaluation et interventions therapeutiques, Iasi, 30-31 May, 2011**  
([http://www.uaic.ro/uaic/bin/view/Main/simpozion\\_rezilienta\\_psihologica](http://www.uaic.ro/uaic/bin/view/Main/simpozion_rezilienta_psihologica))
- Dafinoiu, I.Psychological assesment and psychotherapy. (keynote speaker ). **Workshops on Evidence-Based Treatments: What Research Tell Us About Which Interventions Work with Which Problems. International Clinical Psychology Symposium □20, 21 & 22 July, 2011, Iasi,**<http://www.psih.uaic.ro/cercetare/evenimente/10-11/2011JulyWorkshop.htm>
- Enea, V., I.Dafinoiu. The “Hidden Observer” and the Effort Intensity in Engaging in a Suggested Behaviour, ***Recent Researches in Educational Technologies - the 7th WSEAS/IASME International Conference on EDUCATIONAL TECHNOLOGIES (EDUTE '11)***
- Dafinoiu, I., T.St.Rotaru. The use of suggestive influences in promoting environmental behaviours – ***Recent Researches in Educational Technologies- the 7th WSEAS/IASME International Conference on EDUCATIONAL TECHNOLOGIES (EDUTE '11)***
- Iusca,D., I.Dafinoiu. Performance anxiety and musical level of undergraduate students in exam situations: the rol of gender and musical instrument. **PSIWORLD 2011 INTERNATIONAL CONFERENCE – “Psychology and the realities of the contemporary world”, Bucharest, 27-30 october 2011.**
- Crumpei, I., I.Dafinoiu. The relation of clinical empathy to secondary traumatic stress. **PSIWORLD 2011 INTERNATIONAL CONFERENCE – “Psychology and the realities of the contemporary world”, Bucharest, 27-30 october 2011.**
- Dafinoiu, I. The Rol of Psychological Evaluation in Developing Psychotherapeutic Strategies.(keynote speaker). **International Conference – Rethinking Politics for the Knowledge Society. Romanian Academy, Iasi Branch, 30 November- 4 December, 2011**